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SUN	MON	TUE	WED	THU	FRI	SAT
	1 8am Nurture Nature Walk 9am Tranquil Coffee Trolley 11am Aspire Aqua Aerobics 1pm Game On - Bridge 2pm Aspire Strength & Conditioning	2 8am Sunrise Yoga 10am Green Thumb Gardening Group 1pm Clay & Canvas Art Class 3pm Aspire Pickleball 5pm Game On - Poker Night	3 8am Nurture Nature Walk 11am Aspire Cardio Circuit 1pm Game On - Mahjong 2pm Aspire Strength & Conditioning 5pm Greet & Gather Hour	4 8am Sunrise Yoga 10am Fireside Chat Educational Seminar 1pm Chronicle Creative Writing Club 3pm Aspire Badminton 5pm Game On - Trivia Night	5 8am Nurture Nature Walk 11am Aspire Aqua Aerobics 1pm Game On - Rummy 2pm Feature Film 5pm Friday Fare Cooking Demonstration	6 10am Horizons Photo Walk 11am Weekend Brunch 2pm Aspire Zumba
7 8am Morning Meditation 1pm Game On - Residents' Choice 5pm Community Potluck	8 8am Nurture Nature Walk 9am Tranquil Coffee Trolley 11am Aspire Aqua Aerobics 1pm Game On - Bridge 2pm Aspire Strength & Conditioning	9 8am Sunrise Yoga 10am Green Thumb Gardening Group 1pm Clay & Canvas Art Class 3pm Aspire Pickleball 5pm Game On - Poker Night	10 8am Nurture Nature Walk 11am Aspire Cardio Circuit 1pm Game On - Mahjong 2pm Aspire Strength & Conditioning 5pm Greet & Gather Hour	11 8am Sunrise Yoga 10am Trailblazer - Resident Story Series 1pm Chronicle Creative Writing Club 3pm Aspire Badminton 5pm Game On - Trivia Night	12 8am Nurture Nature Walk 11am Aspire Aqua Aerobics 1pm Game On - Rummy 2pm Feature Film 5pm Friday Fare Cooking Demonstration	13 10am Aspendale Adventure Local Outing 2pm Aspire Zumba
14 8am Morning Meditation 1pm Game On - Residents' Choice 5pm Community Potluck	15 8am Nurture Nature Walk 9am Tranquil Coffee Trolley 11am Aspire Aqua Aerobics 1pm Game On - Bridge 2pm Aspire Strength & Conditioning	16 8am Sunrise Yoga 10am Green Thumb Gardening Group 1pm Clay & Canvas Art Class 3pm Aspire Pickleball 5pm Game On - Poker Night	17 8am Nurture Nature Walk 11am Aspire Cardio Circuit 1pm Game On - Mahjong 2pm Aspire Strength & Conditioning 5pm Greet & Gather Hour	18 8am Sunrise Yoga 10am Fireside Chat Educational Seminar 1pm Chronicle Creative Writing Club 3pm Aspire Badminton 5pm Game On - Trivia Night	19 8am Nurture Nature Walk 11am Aspire Aqua Aerobics 1pm Game On - Rummy 2pm Feature Film 5pm Friday Fare Cooking Demonstration	20 10am Horizons Photo Walk 11am Weekend Brunch 2pm Aspire Zumba
21 8am Morning Meditation 1pm Game On - Residents' Choice 5pm Community Potluck	22 8am Nurture Nature Walk 9am Tranquil Coffee Trolley 11am Aspire Aqua Aerobics 1pm Game On - Bridge 2pm Aspire Strength & Conditioning	23 8am Sunrise Yoga 10am Green Thumb Gardening Group 1pm Clay & Canvas Art Class 3pm Aspire Pickleball 5pm Game On - Poker Night	24 8am Nurture Nature Walk 11am Aspire Cardio Circuit 1pm Game On - Mahjong 2pm Aspire Strength & Conditioning 5pm Greet & Gather Hour	25 8am Sunrise Yoga 10am Trailblazer - Resident Story Series 1pm Novel Notions Book Club 3pm Aspire Badminton 5pm Game On - Trivia Night	26 8am Nurture Nature Walk 11am Aspire Aqua Aerobics 1pm Game On - Rummy 2pm Feature Film 5pm Friday Fare Cooking Demonstration	27 10am Aspendale Adventure Local Outing 2pm Aspire Zumba
28 8am Morning Meditation 1pm Game On - Residents' Choice 5pm Community Potluck	29 8am Nurture Nature Walk 9am Tranquil Coffee Trolley 11am Aspire Aqua Aerobics 1pm Game On - Bridge 2pm Aspire Strength & Conditioning	30 8am Sunrise Yoga 10am Green Thumb Gardening Group 1pm Clay & Canvas Art Class 3pm Aspire Pickleball 5pm Game On - Poker Night	31 8am Nurture Nature Walk 11am Aspire Cardio Circuit 1pm Game On - Mahjong 2pm Aspire Strength & Conditioning 5pm Greet & Gather Hour			

